

Weekly Classes

An Intuitive Approach to Animal Wellness

Alecia Evans

This innovative class will provide you with experience and information on the hottest topics in animal wellness, with emphasis on Intuitive Animal Communication and Loving Touch for Animals. We will cover the latest findings in animal nutrition; the benefits of home cooking; traditional veterinary care vs. controversial alternative therapies; and ways in which animals mirror hidden aspects of their humans. This course will provide you with an integrated approach to living with and caring for your animals in the 21st century. A \$5 materials fee is payable to the instructor.

Alecia Evans is an Animal Wellness Consultant with over 10 years of experience in the health and wellness field. Her gift allows her to communicate with and assist animals at a distance, enabling her to consult with clients all over the world. Her studies of QiGong, Reiki, Animal Communication, breathwork, Intuitive energetic bodywork and animal nutrition led Alecia to develop Loving Touch for Animals, Picture Perfect Training, Aligned Horsemanship and Yummy Yummy home cooked animal foods. Alecia has been featured in the New York Daily News and has appeared on various television shows. She has written articles for Animal Fair magazine, Earthsave and Satya.

Tuesdays, September 24 - October 29;
6 - 8pm
ECC016, \$125
No class October 15.



Kathy King Johnson

The Art of Horsemanship

Kathy King Johnson

It is very important for you to relate with even the metaphorical exertion which is the horse. You have to smell the horses, feel them, and examine their chewing, their tails, their ears, the way they smell, their breath.... Actually horsemanship is very much related to the warrior principle altogether, which is very important.

— Chogyam Trungpa, Rinpoche

Join us for a special course that introduces the essentials of true horsemanship. Each class begins with a talk on particular aspects of horse-care and riding, from grooming to horsekeeping, with special attention to the contemplative nature of these tasks. Our lecturers include veterinarians, authors, natural horsemen, artists, historians, equine assisted psychotherapists and Zen practitioners. The second half of each class is hands on horses: tacking, riding, dressage — the French term for training. Students ride at least 4 times during the 8 weeks. Our schoolmasters include Andalusians, Warmbloods, Morgans and more, some trained to Grand Prix dressage, some skilled in starting beginners. This class is for the beginner or advanced horseperson and for those who have always dreamed of meeting the horse in a compassionate atmosphere, of riding in lightness and harmony, of knowing rather than showing.

Kathy King Johnson, M.Ed., is an FEI (Fédération Equestre Internationale) level dressage trainer who has directed, managed, and taught at riding schools, equestrian centers, and breeding stables across the country. She has trained and showed both hunter/jumper and dressage horses, including Friesian and Lipizzan stallions. She and her students have won numerous awards in a variety of disciplines. Kathy is now based at Triple Creek Ranch in Boulder, Colorado.

Tuesdays, September 24 -
November 12; 6 - 8:30pm
ECC0116, \$385